

Why is a SBHC important to Grant County?

The following statistics were taken from the Grant/Harney Counties Report for the 2017 Oregon Healthy Teens Survey. Over the last 12 months:

- 10.0% of 11th graders said they had physical health- care needs that were not met.
- 17% of 11th graders said they had emotional and mental health needs that were not met.
- 22.5 % of 8th graders said they missed 1-2 days of school due to physical health reasons.
- 32.5 % of 11th graders said they missed 1-2 days of school due to physical health reasons.
- 10.1 % of 8th graders said they missed 1-2 days of school due to emotional health reasons.
- 11.4 % of 11th graders said they missed 1-2 days of school due to emotional health reasons.
- 21.5 % of 8th graders report drinking energy drinks such as Red Bull, Rockstar, or Monster 1-2 times in the last 7 days. ?
- 10.9 % of 8th graders were obese.
- 14.6 % of 11th graders were obese.

SBHCs seek to improve health management for students and their families by:

- Facilitating early identification of health issues to enable timely intervention and treatment.
- Reducing barriers to healthcare by being conveniently located in schools and by offering confidential care in a safe environment regardless of insurance coverage and ability to pay.
- Promoting healthy lifestyle choices and empowering youth to take responsibility for their health and healthcare.
- Encouraging parent or guardian involvement to support and sustain successful health outcomes.

Grant Union SBHC

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Grant Union School-**Based Health** Center





What is a School-Based Health Center?

School-Based Health Centers (SBHCs) are primary care clinics that are located in schools. They are partnerships formed by school districts and healthcare providers to support students and families.

SBHCs provide healthcare, education, outreach, and referrals to school-age youth, the same health services you would find at a doctor's office. They help to reduce barriers to healthcare by being conveniently located in schools and by offering a safe environment regardless of insurance coverage and ability to pay.



What Services are provided at a SBHC?

The SBHC can provide the following health services:

- Routine physical exams, including sports physicals
- Early detection, diagnosis, and treatment of illness and injury
- Vision, dental, and blood pressure screenings
- Immunizations
- Mental Health Services
- Routine lab tests
- Prescription medications
- Health education, counseling, and wellness promotion
- Youth health promotion
- Adolescent well child screenings
- Fitness and nutrition education
- Referrals for healthcare services not provided by the SBHC.



How is a SBHC funded?

School-based health centers are funded through third-party insurance, Medicaid, grants, and public funds. Insurance benefits are billed to the insurance providers for those students and families who provide insurance coverage information. This helps reduce the need for public funding. Families with no health insurance or who do not provide insurance information are referred for screening to see if they qualify for the Oregon Health Plan or other insurance programs.

If insurance doesn't pay for all or part of the cost neither the student nor family is responsible for any out of pocket expenses for services received at SBHC.

Who staffs a SBHC?

The medical Sponsor provides staffing for the SBHC. Staff at the SBHC include the following:

- Office assistant
- Nurse Practitioner
- Certified Medical Assistant (CMA) or Licensed Practical Nurse (RN)
- Community Health Nurse (RN)
- Mental Health Consultant (MHC)
- Outreach Worker

